

Happy Easter



Easter food and meaning

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Vocabulary

Traditional

Scrumptious

Crucifixion

Nowadays

Unwind

Associated with

Customary to ...

Fertility

Tomb

Invention

Countless

Your eyes will be bigger than your stomach

Be merry

Meaning

A custom or belief that is passed on from generation to generation. An example is giving each other Easter eggs on Easter Sunday. We do this every year.

Delicious / tasty.

To put someone to death by nailing them to a cross. Please see photo.

Another way of saying 'Today' or 'These days.'

To relax.

Is connected / linked with something else.

A traditional way of doing things. Something that is passed on from generation to generation.

This refers to the ability to have children. If you are fertile, you are able to have children.

A place, usually underground, for burying the dead.

The creation of something new.

This means many. You can also say numerous.

This expression means that you have taken more food than you could possibly eat. So be careful not to buy too much as you won't be able to eat it all.

Be happy.

The holiday often finds families coming together to celebrate with a **traditional** dinner, which is often followed by delicious treats for dessert.

Easter desserts include **pies**, **cakes**, and **cookies**. These desserts are an opportunity to share creative, homemade, **scrumptious** sweets with friends and family! See below for some of the traditional foods for Easter.



Pies



Cakes



Cookies

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Hot cross buns

The cross on top of these fruit buns is a symbol of the **crucifixion** - which is why they are **traditionally** eaten on Good Friday as this is the day Jesus was put on the cross and died.

In Tudor times, during the times of King Henry VIII [8th] and Queen Elizabeth I [1st] from 1485 to 1603 , it was also thought that fruit buns were limited for special occasions - such as Easter.

Nowadays, you can **unwind** on Good Friday and enjoy one of these with a nice cup of English Tea.



Boiled eggs

Perhaps the most popular food **associated with** Easter, and it is **customary to** have a hard-boiled egg for breakfast on the Easter weekend.

A symbol of **fertility** and new life, eggs represent the **tomb** in which Jesus was buried after his **crucifixion**. They are great for giving you energy in the morning.

They are at the centre of Easter **traditions**, so if you don't like eggs, unlucky!



Chocolate eggs

These chocolate eggs are the reason why children love Easter as on Easter Sunday they can eat chocolate without fear of their parents taking it away from them.

The first chocolate Easter eggs were made in Europe in the early 19th Century with France and Germany being the first to create this delicious chocolate.

However, before chocolate eggs, gifts given to each other on Easter Day were very often painted chicken eggs.

I have to say, thank god for the **invention** of the Chocolate Easter egg as I would choose a Chocolate egg over a chicken egg any day of the week.

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Easter bunny cupcakes

The Easter bunny is a popular symbol during Easter as the bunny is a sign of **fertility** and new life as they are known to have many babies during Springtime.

However, as you walk outside you will see **countless** shops selling creative Easter bunny cupcakes. Trust me, **your eyes will be bigger than your stomach** as these cupcakes are delicious!

Keep your hands off and think of your waistline.



Carrots

Not many people know about the carrots as a symbol for Easter. It's all because of the Easter bunny as rabbits are known to love eating carrots.

People will leave out carrots for the Easter Bunny to eat and even bake cakes with carrots on top. They are also served with roast lamb for the **traditional** Easter dinner.

So now you know some of the delicious foods that we eat during Easter and why not only the kids, but also chocolate lovers, love this time of year!

Eat and **be merry!**



Let the journey of discovery begin

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